

Make 2019 Your Best Year Yet

Where are you today?

	Level of Satisfaction (1-10)	Importance to me (1-10)
Career	1.2.3.4.5.6.7.8.9.10	1.2.3.4.5.6.7.8.9.10
Health/Wellness	1.2.3.4.5.6.7.8.9.10	1.2.3.4.5.6.7.8.9.10
Relationships	1.2.3.4.5.6.7.8.9.10	1.2.3.4.5.6.7.8.9.10
Money	1.2.3.4.5.6.7.8.9.10	1.2.3.4.5.6.7.8.9.10
Personal Growth	1.2.3.4.5.6.7.8.9.10	1.2.3.4.5.6.7.8.9.10
Spirituality	1.2.3.4.5.6.7.8.9.10	1.2.3.4.5.6.7.8.9.10
Recreation	1.2.3.4.5.6.7.8.9.10	1.2.3.4.5.6.7.8.9.10

What would a 10 (level of satisfaction) look like/be like/include in 2019 in each of the areas?

Career:

Health/Wellness:

Relationships:

Money:

Personal Growth:

Spirituality:

Recreation: